

MDTRN BROS.

URBAN TRAVELLER

LEAVES'N ROOTS

LOCAL!

| | | | |
|--|---|---|--|
| | <p>Soups</p> <p>Strong forest mushroom essence parsley pancake slices</p> <p> I, C, Aa, F, J</p> | <p>Soups</p> <p>Strong forest mushroom essence parsley pancake slices</p> <p> I, C, Aa, F, J</p> | <p>Soups</p> <p>Strong forest mushroom essence parsley pancake slices</p> <p> I, C, Aa, F, J</p> |
| | <p>Main courses</p> <p>Lentil Dal Curry Almonds Spiced Yogurt Baked Carrot Coriander</p> <p> 8, I, Ha, F, J</p> | <p>Main courses</p> <p>Monday Bowl Quinoa Baby spinach sweet potato Fennel Pickled red onions Lemon-tahini dressing</p> <p> 8, L, K</p> | <p>Main courses</p> <p>Spinach chicken roulade Bramata polenta Mixed vegetables Lemon-caper jus</p> <p>8, 13, L, I, F, G, J</p> |
| | <p>Desserts</p> <p>Cinnamon curd pear confit cocoa sprinkles</p> <p> Aa, G</p> | <p>Desserts</p> <p>Cinnamon curd pear confit cocoa sprinkles</p> <p> Aa, G</p> | <p>Desserts</p> <p>Cinnamon curd pear confit cocoa sprinkles</p> <p> Aa, G</p> |
| | <p>Fruit salad</p> | <p>Fruit salad</p> | <p>Fruit salad</p> |

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Soups

Fennel and saffron soup I
Shrimp
8, 13, L, I, B, D, G

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Shrimp
8, 13, L, I, B, D, G

Soups

Fennel and saffron soup I
Shrimp
8, 13, L, I, B, D, G

Main courses

Pork skewer I Bulgur I
pimientos de padrón I herb dip
8, L, Aa, G

Main courses

Mediterranean Glow Bowl I Spelt
I Arugula I Cherry tomatoes I
Sicilian olives I Bell peppers I
Shaved Parmesan cheese I
Oregano vinaigrette
 8, 1, 3, L, I, C, Aa, G, J

Main courses

Wild garlic shakshuka I Eggs I
Bell peppers I Spinach I Young
leeks I Feta cheese I Flatbread

 C, Aa, G

Desserts

Bay Leaf Panna Cotta I
Marinated Berries I Oat
Crunchy
 8, L, Ad, G

Desserts

Bay Leaf Panna Cotta I
Marinated Berries I Oat
Crunchy
 8, L, Ad, G

Desserts

Bay Leaf Panna Cotta I
Marinated Berries I Oat
Crunchy
 8, L, Ad, G

Fruit salad

1,00 €

1,00 €

1,00 €

Fruit salad

1,00 €

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Soups

Indonesian Bihun Soup |
Chicken | Glass Noodles
8, L, I, F

1,00 €

Soups

Indonesian Bihun Soup |
Chicken | Glass Noodles
8, L, I, F

1,00 €

Soups

Indonesian Bihun Soup |
Chicken | Glass Noodles
8, L, I, F

1,00 €

Main courses

Fusilli alla Carbonara | Bacon |
Pecorino | eggs | Parsley
1, 3, C, Aa, G

4,80 €

Main courses

Healthy Bowl | Brown Rice | Red
Radish | Edamame | Avocado |
Bell Pepper | Chimichurri
Dressing



8, L, F

3,00 €

Main courses

Cod | Peas | Grilled romaine
lettuce hearts | Hazelnuts |
Chive and radish vinaigrette
8, L, Hb, D, G, J

5,40 €

Bowl with Topping - Tofu



8, 13, L, C, F, K

4,80 €

Big Bowl with topping

5,40 €

Desserts

Bee sting cake in a glass - curd
cheese | Florentine
Aa, Hb, Ha, G

1,00 €

Desserts

Bee sting cake in a glass - curd
cheese | Florentine
Aa, Hb, Ha, G

1,00 €

Fruit salad

1,00 €

Fruit salad

1,00 €

Desserts

Bee sting cake in a glass - curd
cheese | Florentine
Aa, Hb, Ha, G

1,00 €

Fruit salad

1,00 €

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Soups

Green minestrone | leek | celery stalks | broad beans | Parmesan
8, 1, L, I, C, G

1,00 €

Main courses

Leg of lamb | Green beans |
Poppy seed radishes | Parsnip
purée | Gremolata

 (895 kcal , 59g F , 41g Ew , 33g Kh) 8, L,
I, F, J

5,20 €

Desserts

Tiramisu
11, 13, C, Aa, G

1,00 €

Fruit salad

1,00 €

LEAVES'N ROOTS

Soups

Green minestrone | leek | celery stalks | broad beans | Parmesan
8, 1, L, I, C, G

1,00 €

Main courses

Green Garden Bowl | Kohlrabi |
Cauliflower | Jalapeno | Lime |
Cucumber | Pearl barley | Dill-
Elderflower Dressing

 8, 13, L, K, J

3,00 €

Bowl with topping - smoked trout
D

4,80 €

Big Bowl with topping

5,40 €

Desserts

Tiramisu
11, 13, C, Aa, G

1,00 €

Fruit salad

1,00 €

LOCAL!

Soups

Green minestrone | leek | celery stalks | broad beans | Parmesan
8, 1, L, I, C, G

1,00 €

Main courses

Roasted beets | Potatoes |
Herbs | Mustard | Roasted
vegetables | Jus

 8, 13, L, I, F, J

4,80 €

Desserts

Tiramisu
11, 13, C, Aa, G

1,00 €

Fruit salad

1,00 €

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Soups

Vegetable cream soup | Madras Curry
 8, 13, L, I, G

Soups

Vegetable cream soup | Madras Curry
 8, 13, L, I, G

Main courses

Spanish paella | peppers | peas | French beans | lemon | drum sticks
8, 13, L, I, J

Main courses

Greek farmer's salad | tomato | cucumber | onion | shepherd's cheese | herb dressing
 8, L, G, J

Spanish paella | peppers | peas | French beans | lemon
 8, 13, L, I, J

Bowl with topping - spinach pocket with pine nuts
I, C, Aa, G

Desserts

Greek yogurt | honey | pine nuts | thyme
 G

Desserts

Greek yogurt | honey | pine nuts | thyme
 G

Fruit salad

1,00 €

5,40 €

1,00 €

Additives
1 contains preservatives
2 contains food colouring
3 contains antioxidants
4 contains flavour enhancers
5 contains phosphates
6 contains sweetener
7 contains a phenylalanine source
8 sulphurised
9 blackened
10 waxed

Allergens
A contains Gluten from cereals
Aa contains wheat
Ab contains rye
Ac contains barley
Ad contains oats
B contains crustaceans
C contains eggs
D contains fish
E contains peanuts
F contains soybeans

Hb contains hazelnuts
Hc contains walnuts
Hd contains cashew nuts
He contains pecan
Hf contains para nuts
Hg contains pistachio
Hh contains macadamia nuts
I contains celery
J contains mustard
K contains sesame

11 contains caffeine
12 contains quinine
13 Alcohol

G contains milk (incl. lactose)
H contains nuts
Ha contains almonds

L contains sulphur dioxide &
sulphites
M contains lupin
N contains mollusca

Allergen-related data is based on information from manufacturers and suppliers. Based on the variety of products and the simultaneously processing various foods cannot completely discount cross-contamination. Products of 125% in traces from not labelled ingredients.

Dear external guests
please note a markup
of 125% in traces from not
labelled ingredients.

Therefore, we cannot unfortunately completely exclude cross-contamination.