


**MDTRN BROS.**

**URBAN TRAVELLER**


**LEAVES'N ROOTS**

**LOCAL!**


**Soups**

Cream of zucchini | rosemary |  
croutons **1.00 €**  
 8, 13, 1, L, I, C, Aa, Ha, G, J


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 8, 13, 1, L, I, C, Aa, Ha, G, J


**Soups**

Cream of zucchini | rosemary |  
croutons **1.00 €**  
 8, 13, 1, L, I, C, Aa, Ha, G, J

**Main courses**


"Veganuary" Red lentil dal |  
coconut milk | panfried  
cauliflower | cashewnuts | chili  
 8, L, I, Hd, K **4.20 €**

**Main courses**

Arugula | saffron fennel | millet |  
flageolet | olives | Mozzarella |  
tarragon dressing | pumpkin  
seeds | roasted veal steak **4.80 €**  
 (555 kcal , 26g F , 45g Ew , 37g Kh) 8,  
13, 9, L, I, G, J


**Main courses**

baked meatloaf | fried egg |  
panfried potatoes | chives **4.80 €**  
5, 1, 3, C, A, J


Arugula | saffron fennel | millet |  
flageolet | olives | Mozzarella |  
tarragon dressing | pumpkin  
seeds **3.00 €**  
 8, 9, L, I, G, J

Big bowl | arugula | saffron  
fennel | millet | flageolet | olives |  
Mozzarella | tarragon dressing |  
pumpkin seeds | roasted veal  
steak **5,40 €**  
8, 13, 9, L, I, G, J


**Desserts**

Mascarpone creme | Amarena  
cherries | half-sweet chocolate **1.00 €**  
 8, 13, L, G

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cherries | half-sweet chocolate **1.00 €**  
 13, G

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Mascarpone creme | Amarena  
cherries | half-sweet chocolate **1.00 €**  
 13, G


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**Soups**

Tomato Consommé | confit  
cherry tomatoes | herbs  
 1.00 €

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 1.00 €


**Soups**

Tomato Consommé | confit  
cherry tomatoes | herbs  
 1.00 €

**Main courses**


panfried dorade filet | sweet  
potato mash | lukewarm bell-  
pepper | black beans | avocado-  
dip  
8, L, I, D, G 4,80 €


**Main courses**

Red chard | baby spinach |  
beluga lentils | yellow zucchini |  
eggplant | green beans | chilli  
dressing | baked vegetable  
samosas  
 8, L, I, Aa, K, J 4,80 €


**Main courses**

11th meatball | Potato and  
radish salad | pointed cabbage |  
mustard dip  
1, 3, I, C, Aa, G, J 4,80 €


Red chard | baby spinach |  
beluga lentils | yellow zucchini |  
eggplant | Kenya beans | chilli  
dressing  
 8, L, J 3,00 €

Big Bowl | Red chard | baby  
spinach | Beluga lentils | yellow  
zucchini | Eggplant | Kenya  
beans | Chili dressing | baked  
vegetable samosas  
 8, L, J 5,40 €


**Desserts**

Stewed currant | Oat-coconut  
granola  
 8, 13, L, Ad 1.00 €

**Desserts**

Stewed currant | Oat-coconut  
granola  
 8, 13, L, Ad 1.00 €

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Stewed currant | Oat-coconut  
granola  
 8, 13, L, Ad 1.00 €


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**Soups**

Lamb's lettuce cream soup |  
sunflower seeds **1.00 €**  
 8, 13, L, I, G, J

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Lamb's lettuce cream soup |  
sunflower seeds **1.00 €**  
 8, 13, L, I, G, J

**Soups**

Lamb's lettuce cream soup |  
sunflower seeds **1.00 €**  
 8, 13, L, I, G, J


**Main courses**


Vegan Wrap | Falafel | Chili  
tomato salsa | red onions |  
Iceberg lettuce | Fries **4.60 €**  
 8, L, Aa

**Main courses**

BBQ bowl | coleslaw | pickled  
red cabbage | avocado |  
Tomatoes | BBQ dressing |  
Jalapeno | chicken wings **4.80 €**  
8, L, Aa, G, J


**Main courses**

Käsespätzle | melting onions |  
Garden cress **4.20 €**  
 2, I, C, Aa, G


BBQ bowl | coleslaw | pickled  
red cabbage | avocado |  
Tomatoes | BBQ dressing |  
Jalapeno **3.00 €**  
 8, L, Aa, G, J

Big BBQ bowl | coleslaw |  
pickled red cabbage | avocado |  
Tomatoes | BBQ dressing |  
Jalapeno | chicken wings **5,40 €**  
8, L, Aa, G, J


**Desserts**

Rice pudding | Pineapple and  
cinnamon compote | Chocolate  
crumble **1.00 €**  
 Aa, G

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 Aa, G

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crumble **1.00 €**  
 Aa, G


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**Soups**

Pumpkin cream soup |  
caramelized pumpkin seeds **1.00 €**  
 8, 13, L


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Pumpkin cream soup |  
caramelized pumpkin seeds **1.00 €**  
 8, 13, L

**Soups**

Pumpkin cream soup |  
caramelized pumpkin seeds **1.00 €**  
 8, 13, L


**Main courses**


"Brasato" (beef) | Canneline  
puree | Swiss chard | Barolo jus  
| citrus crunch **4.80 €**  
 (530 kcal , 32g F , 28g Ew , 28g Kh) 8,  
13, L, Aa, G

**Main courses**

Frisee | red chard | lentil salad |  
cherry tomato | cauliflower |  
spring leek | linseed | Pommery  
mustard dressing | pink roasted  
lamb hip **4.80 €**  
8, L, J


**Main courses**

"Veganuary" Vegan vegetable  
ravioli | herb sauce | fried  
onions | cress **4.40 €**  
 8, 1, 3, L, I, Aa, J


Frisee | red chard | lentil salad |  
cherry tomatoes | cauliflower |  
spring leek | linseed | Pommery  
mustard dressing **3.00 €**  
 8, L, J

Big bowl | frisee | red chard |  
lentil salad | cherry tomato |  
cauliflower | spring leek | linseed  
| Pommery mustard dressing |  
pink roasted lamb hip **5.40 €**  
8, L, J


**Desserts**

Sour cream | kumquats |  
crumble **1.00 €**  
 11, Aa, G

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Sour cream | kumquats |  
crumble **1.00 €**  
 11, Aa, G

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Sour cream | kumquats |  
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 11, Aa, G


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**Soups**

Roasted root vegetable cream soup | thyme oil **1.00 €**  
 8, 13, L, I, G, J

**Soups**


Roasted root vegetable cream soup | thyme oil **1.00 €**  
 8, 13, L, I, G, J


**Main courses**

Pizza | salami | pepperoni | mozzarella | pine nuts | rocket **4.80 €**  
 1, 3, Aa, G

Pizza Margherita **4.20 €**  
 Aa, G

**Main courses**

Frisée | Coconut rice | roasted broccoli | Sesame carrot | Edamame | Mango | Coriander | Vegan chili dressing | Tempura vegetables **4,80 €**  
 8, L, Aa, K


Frisée | Coconut rice | roasted broccoli | Sesame carrot | Edamame | Mango | Coriander | Vegan chili dressing **3,00 €**  
 8, L, K

 Aa, F, K **5,40 €**

**Desserts**

semolina pudding | Raspberries | Mint **1.00 €**  
 Aa, G

**Desserts**

semolina pudding | Raspberries | Mint **1.00 €**  
 Aa, G

Additives  
 1 contains preservatives  
 2 contains food colouring  
 3 contains antioxidants  
 4 contains flavour enhancers  
 5 contains phosphates  
 6 contains sweetener  
 7 contains a phenylalanine source

Allergens  
 A contains Gluten from cereals  
 Aa contains wheat  
 Ab contains rye  
 Ac contains barley  
 Ad contains oats  
 B contains crustaceans  
 C contains eggs

Hb contains hazelnuts  
 Hc contains walnuts  
 Hd contains cashew nuts  
 He contains pecan  
 Hf contains para nuts  
 Hg contains pistachio  
 Hh contains macadamia nuts

- |                      |                                 |  |
|----------------------|---------------------------------|--|
| 8 sulphurised        | D contains fish                 | I contains celery                      |
| 9 blackened          | E contains peanuts              | J contains mustard                     |
| 10 waxed             | F contains soybeans             | K contains sesame                      |
| 11 contains caffeine | G contains milk (incl. lactose) | L contains sulphur dioxide & sulphites |
| 12 contains quinine  | H contains nuts                 | M contains lupin                       |
| 13 Alcohol           | Ha contains almonds             | N contains mollusca                    |

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Allergen-related data is based on information from manufacturers and suppliers. Based on the variety of products and the simultaneously processing various foods cannot completely discount cross-contamination and products of 125% in traces from not labelled ingredients.

Therefore, we cannot unfortunately completely exclude cross-contamination.